

THE WASHINGTON HERALD'S WOMAN'S PAGE

Famous Woman—Her Birthday and Yours

MRS. HARRIET GROTE

By FRANCES MARSHALL.

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Harriet Grote, the celebrated wife of the English historian, George Grote, was born the last day of June, 1792. As a young woman she was high spirited and brilliant, and altogether charming. When she was twenty-two George Grote, then a young man of twenty, first met her, and in short order fell very sincerely in love with her. There was a disappointed rival in the case, however, Peter Elmsley, who later became a famous scientist, who did all he could to prevent Harriet and her youthful admirer from becoming engaged. Elmsley told Grote that Harriet was already engaged to another, and Grote, thinking that she had been trifling with his affection, was cast in the depths of despair. In this frame of mind he made a solemn pledge to his father that he would never think of marrying with-out full parental consent and advice. So when two years later he met the charming Harriet again and again fell under the spell of her fascination and through a mutual explanation discovered the

treachery of Elmsley, he had reason to regret his rash promise to his father. But his father held him to it and opposed an engagement with Harriet. For several years more the matter dragged on. Sometimes when letters were impossible Harriet and George kept diaries for each other to be exchanged when occasion arose. Finally, when Harriet was twenty-eight and Grote was twenty-six they married without consent of their parents. Such was the romance of the life of Harriet Grote.
As the wife of a prominent historian she proved to be everything that could be desired. She was always intellectually a perfect companion, and she was famous for her high spirits and her brilliant conversation. She cultivated the society and friendship of the famous people of the day in order to further her husband's interest and provide him relaxation and society after the arduous work that his books required. Among the distinguished musicians whom she drew to her drawing room were Mendelssohn and Jenny Lind.

SUMMER ACCIDENTS AND HOW TO TREAT THEM

Sunstroke.
Remove to a shady place. Lay the patient down, head level with body, and loosen tight clothing. Pour cold water on head and face. Rub the body with a piece of ice. In prostration from sunstroke apply heat to the hands and feet.

Cramps.
There is only thing for a swimmer taken with cramps when out of his depth to do—try to lie on his back and float until aid comes. The same is true of a poor swimmer caught by an undertow. If he can lie still and float he will come to the surface in a few seconds.

Stiffness.
When returning from a long walk or row rub down briskly with alcohol. A cold bath is often effective, but it should always be followed by a good rubdown. Stiffness will soon pass away if you disregard it and keep on at the exercise.

Chills.
If you get a chill through being wet or through sitting in a cold place when very hot with exertion, put the feet into a pail of water as hot as can be borne

in which a handful of mustard has been dissolved. Go to bed under a liberal supply of blankets and take a hot drink, lemonade or Jamaica rum being the best.

Stings and Bites.
Whether of bees, wasps, hornets, centipedes, spiders, tarantulas or any insects the treatment is the same. Apply hartshorn (ammonia) or table salt to the stung spot. Wash mosquito bites with a strong solution of bicarbonate of soda. Don't scratch, no matter how they itch.

Poison Ivy.
Bathe the affected parts in a strong solution of bicarbonate of soda. Poison ivy is one of the most mysterious of afflictions. One person may handle the leaves with impunity, while another will break out in sores after merely passing near to where it is growing.

Fleebly Heat.
Bathe in a strong solution of bicarbonate of soda (ordinary baking soda); take sips of squills internally and avoid heating food. It is well to dust the parts affected with any simple powder, such as borated talcum.

Sunburn.
To prevent soreness from sunburn bathe the parts that have been exposed with glycerin and elderflower water. To cure sunburn bathe the affected parts with an emulsion of linseed oil and lime water (caron oil), which any druggist can supply.

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The Woman's Store, 1109 G Street

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Extra preparation has been made for this sale. In every department you will be greeted with the smartest apparel shown this season at prices you can't afford to overlook.

BIG SALE OF DRESSES

100 dresses. In Voiles, striped and plain effects. French Linen. Smart crepes and serges.

A most extraordinary offering of high-class Dresses. Smart styles, choicest fabrics.

\$5.00 **\$10**
Values up to \$22.50.

SPECIAL IN WASH SKIRTS

The kind that fit well with the smart, long tunic. In serge and checks.

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TWO SPECIAL LOTS OF SUITS

\$5.75 and \$9.75
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For the vacation trip one of these suits would be just the thing.

GREATEST VALUES IN WAISTS HERE

100 dainty lingerie and voile waists. 100 washable silk waists, plain and fancies.

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DURING JULY Your Old Laundry Iron and \$2 Will Buy a \$3 Guaranteed ELECTRIC IRON

This offer applies to gas irons, old-fashioned sad irons, electric irons, or any other kind; only one old iron will be accepted on account of the price of an electric iron. Irons sold under this offer to this company's customers only, and but one iron to each customer. This is a real bargain. Don't miss it.

Remember, there is no iron "just as good" as the electric iron.

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FEMININE FRILLS AND FURBELOWS

There is no costume that depends more on the perfection of cut and style than the tennis costume, for the outfit itself is so very simple that every imperfection shows. Though the fabric itself costs but little—not more than a few dollars, whether it be made by a smart tailor or by a seamstress at home—the lines of the costume must be fashionable and the fit well-nigh perfect.
A shirt waist and skirt are, of course, the ideal outfit, but the shirt waist must be made by hand, tucks and hemstitching of the finest workmanship, and the skirt must be cut along comfortable but smart lines. Both are untrifled, for severe simplicity is the keynote of the costume.

No matter how much or how little color is used in any one season, black always holds a place, sometimes bigger, sometimes smaller, in the estimation of the dressmaker. This is a season of black hats, there are black satin and taffeta frocks, too, in abundance. This year black satin girdles are used to give character to many of the brightly colored frocks.

The newest parasols have long handles, and from the point of view of comfort, at any rate, this seems to be the case, for a long-handled parasol is the easiest to handle. There are new and fantastic shapes in parasols of the summer, among which the Japanese shape, which strongly suggests the paper parasol of Japan, is decidedly popular. But

Housewife's Daily Economy Calendar

BABIES AND SLEEP.
By FRANCES MARSHALL.
The sleeping hours are the longest ones in a very small baby's existence. Even when it is a year old, it sleeps, normally, at least fourteen hours out of the twenty-four. And yet for years it sleeps half the time.
So the sleeping time is very important, if the child's health and happiness are to be all that it deserves. And it becomes every one who has anything to do with small children to see that their sleeping hours are comfortable.
The sense of sight is the first one that is affected. Therefore, a shaded room is the most comfortable for sleeping. Then touch and taste, smell and sound, fall respectively. So anything that arouses the senses, destroys sleep.
It is said that a strong odor of perfume wakens a child more quickly than a light shake or even a moderately loud noise. So strong odors should not be kept near a sleeping child. And no nurse should be allowed to use strong perfume.
Singing, walking up and down in a brightly lighted room, is one of the worst

IS YOUR ICE BOX SAFE?

In the June Woman's Home Companion Walter Peet, a physicist, writes an article entitled, "The Safe Ice Box." Following is an extract: "The safe ice box is the most important factor in maintaining the family health, and may be a decided menace to it if it is not properly cared for. It is not poor economy to get a small amount of ice; a large supply put in at one time and completely filling the ice compartment will last longer than the same amount supplied in daily small portions.

The refrigerator should be washed thoroughly once a week. Remove all the fixtures, including the drain pipe. Use a strong solution of carbonate of soda (washing soda) with no soap. Get into all the corners and crevices with a small brush, and use a large brush and cloth for the flat surfaces. Net scald out with boiling water, reaching every point of the interior and the drain pipe in succession with cold water in order again to cool the interior. Leave all the doors open for a good airing.

Wash the fixtures and drain pipe in the same manner, using a long wire-handled round brush for the inside of the drain pipe. If the fixtures are not too large and the drain pipe is in sections, it is well also to put them in the clothes

THIMBLES.

Thimbles, which are about 230 years old, are supposed to have come originally from Holland, where they were called finger hats, or finger hoods. In England the name was changed to thumb belt, because the thimble was worn on the thumb to protect it from the thrust of the needle, not to propel the latter through the cloth.

The fashion of gold thimbles persists even today, but in the beginning there was none of the common metals and it was not until several years later that the first lead thimble was made. Silver is still the favored metal, though many a skillful seamstress prefers a penny aluminum thimble as being lighter and leaving no mark upon the finger.

The costly thimble still holds its own in China, where thimbles are often carved out of mother of pearl, with the tops made of a single jewel.

RUSSIAN TUNIC EFFECT.

The revival of cameo jewelry recalls a lot of antiquity. The Egyptians made them, and the Greeks and Romans, for cameos were the special delight of the ancients. Princes and Popes of the middle ages collected them. Michael Angelo greatly admired them. The ancients cut these stones with drills worked by hand, and achieved the beauty of the contrast between the white figures and the dark backgrounds, that make for the great charm of the cameo, whatever methods are used to produce it.

The cameo ring outwails the brooch in popularity today.

Electric Coffee Percolator.

Electric Stove.

NATIONAL ELECTRICAL SUPPLY CO.
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A delightful blouse of this kind was seen the other day, made of dark blue nixon and taffeta ribbon. The blouse was of plain ribbon and the neck and part of the sleeves, and as a loose costume, while the little plisse blouse was of plain ribbon and the neck was outlined with narrower ribbon brought across to the waist. The soft roll-over collar was of muslin. This blouse could be worn with a skirt of either blue nixon or taffeta. A second model showed a dainty lingerie blouse of voile and lace, fastening with small pearl buttons, which should be removed when the blouse is sent to the laundry.

The number of fresh fabrics that have put in an appearance this season is almost bewildering. True, some are old friends under new titles, while others on closer inspection are found to be anything but delectable. Meanwhile, calmly pursuing an even tenor of success is a material responsible for an original and smart walking dress seen recently. The whole scheme was delightfully fresh in feeling and among the advance notes in the model was the closer fitting bodice, the precursor of much change.

A delicate saxe shade of tussore was selected, with the deep swathed belt of mole taffeta, this at the back forming a wide flat bow. The tiered line of buttons carried from hem to throat were covered with the tussore, while the corsage was finished with two delicate white frills fitting closely around the throat.

WHAT TO SERVE AT THE HOME TABLE

Appended Price List and Menus Will Prove a Helpful Guide.

BREAKFAST.
Cream of Wheat with Chopped Dates and Thin Cream.
French Roll, Coffee.
—
LUNCHEON.
Lentils, Raisin Salad.
Hot Bread and Butter with Cheese, Hermit, and Tea.
—
DINNER.
Roasted Lamb, Cucumber Sauce, Boiled Potatoes, Creamed Young Onions, Cherry Jelly, Coffee.

Materials and cost.—Cream of wheat, 4c; half pound dates, 5c; half dozen rolls, 6c; tea and coffee, 8c; vegetables for salad, 15c; half loaf nut bread, 8c; hermit, 6c; trout, 20c; cherries, 10c; potatoes, 8c; milk and cream, 15c; sugar, butter, etc., 15c. Total \$1.27.

Cucumber Sauce.—This is especially good with broiled fish. Chop a cucumber fine, drain in a colander. After seasoning with salt and pepper add two tablespoons coconut cream or plain cream, then a teaspoonful of lemon juice and serve.

Cherry Jelly.—Soak one-half tablespoon gelatin in two tablespoons cold water. Stone one peck of cherries as much juice as you can and adding it to gelatin. Pour on gelatin one cup boiling water. Sweeten when dissolved, remembering that you must allow sugar enough to sweeten the cherries also. Turn cherries in glass dish, strain over jelly and chill. Serve with cream.

HOUSEHOLD HINTS.

It is best to give linens a long soaking before washing. If this method is followed stains will wash out easily.

For faded ribbons, add a little pearlash to the soap lather, and the ribbon will usually retain its color. If it is not too much faded, may be treated in like manner.

To remove egg stains from silk rub with common salt.

One part oxalic acid to nineteen parts of water, applied with a fresh cloth, will remove perspiration stains.

CAMEO ART VERY OLD.

The revival of cameo jewelry recalls a lot of antiquity. The Egyptians made them, and the Greeks and Romans, for cameos were the special delight of the ancients. Princes and Popes of the middle ages collected them. Michael Angelo greatly admired them. The ancients cut these stones with drills worked by hand, and achieved the beauty of the contrast between the white figures and the dark backgrounds, that make for the great charm of the cameo, whatever methods are used to produce it.

TO REMOVE INK.

To extract ink from cotton, silk or woolen goods, dip in spirits of turpentine and let remain for several hours. Then rub thoroughly between the hands and the spots will disappear without changing either the color or texture of the goods.

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—only 1-3 of such fuel is utilized. —fully 2-3 spreads through the house.

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LOT NO. 1. Papers Worth \$2 Bundle, 50c.	LOT NO. 2. Papers Worth \$2.50 Bundle for 75c.	LOT NO. 3. Papers Worth \$3 and \$4 Bundle for \$1.00.
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DAILY HOROSCOPE.

"The stars incline, but do not compel."
TUESDAY, JUNE 30, 1914.
This is not an altogether fortunate day, according to the reading of astrology. While Mars is mildly benefic in aspect, the sun is strongly adverse and Jupiter is unfriendly.

The aspect is a favorable one for the study and investigation of subjects connected with medicine, surgery, and the scientific treatment of the human body. It is a lucky day for engineers, carpenters, tractor, dealers in hardware, machinists and lumbermen.

Soldiers, armorers, policemen, and all who guard the public from dangers are subject to an auspicious sign. Commercial and soliciting patronage. Commercial travelers should benefit.

While this configuration lasts, it is held as an exceedingly inauspicious time to seek the aid or favor of persons in high place. It is well to avoid financiers, whose co-operation is desirable and avoid eminent officials whose aid is required for any purpose.

It is said to be most unlucky to tell of illness in the royal family of Great Britain is foretold and many anxieties will beset King George, who will have no surcease of care through the autumn.

Foreign astrologers and the autumn, "the American hysteria" that causes concentration on one subject, which is soon forgotten. They prognosticate the light of the women and children who live in the cities.

The stars indicate a growing popularity of "vehicles that belong to the air and which is interpreted as referring to aerobots.

Persons whose birthdate it is may have a troubled year. Men have the aurore of money losses. Those who are employed should be exceedingly careful.

Children born on this day probably will have great changes in fortune. They may be quick-witted and clever, but not practical, where money is involved.

ACTIVITIES OF WOMEN

By WINIFRED SHORT.

Women will be admitted on an equal with men in the medical department of the University of Pennsylvania at the opening of the next term.

Miss Gertrude M. Williams, a medical student at Syracuse University, has been awarded a silver cup for besting a class of male students at dissection.

Miss Cecil Leitch, winner of the ladies' golf championship, played recently in England, began to play golf when she was nine years of age, and has never had a lesson.

Although she is not yet twenty years of age, Mrs. Elvira Gutierrez is known as the Joan of Arc of Northern Mexico, having taken part in seven battles in the rebel ranks.

Miss Margaret Toth, of Cleveland, Ohio, has patented a hairpin, the top of which is enlarged and recessed with spring fingers to catch in the hair when the pin is in place.

Miss Alice Richard, a society girl of New York, not desiring to lead a life of ease which her wealth and social position permits, has become a trained nurse to work among babies in hospitals.

Out of every 100 American girls between school and marriage, fifty are either assisting their mother in their own homes, making homes for their relatives or working for wages under some other home maker.

According to Dr. Louis Brock, the eminent French physician, women are fast deteriorating physically owing to their exaggerated efforts which they are making toward what they call their emancipation.

If the bill introduced in Congress by Senator Jones, of Washington, becomes a law, all widows of civil war veterans will receive a pension of \$20 a month instead of \$12, which they are receiving at the present time.

Among the women workers there are today thirty times as many bookkeepers, clerks, and office workers as there were a generation ago. Fifty times as many saleswomen, and a hundred times as many packers, shippers, and agents, and no less than 30 times as many woman lawyers.

PAINTED FURNITURE.

Old-fashioned cottage furniture painted in colors is being brought to light again. Black furniture, painted with colored decorations, is coming to the fore in the general craze for black and white. Here is a chance for the home artist who tries her skill on the backs of chairs and the table tops and fronts of cabinets.

This painted furniture is particularly suited to the summer cottage, and the decoration will give a vacation employment to the artistic members of the family, who will add baskets of fruit and floral sprays, according to taste.

The writer has an old secretary which was decorated by two children of the family two generations ago, who applied dekalcomania or "transfer" pictures to its solid walnut doors in a frantic effort to make the massive old piece up to date at the time painted furniture was in style during the early Victorian period.

The Austrian Women's Congress have resolved to organize an international housewives' union so as to obtain a reduction in the retail prices of food. They will boycott certain goods throughout the world.

Our Palm Garden

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Muscle 2 to 5 and 10 to 12 P. M. Fresh Candies, 40c to \$1.50 a lb. Lady Fairfax Candy Co., 1331 F Street N. W.

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—FOR THE—

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21c for Lunch Set FOR TODAY ONLY Containing 1 Paper Drinking Cup, 6 Napkins, 6 Dollies and 6 Paper Plates.	21c each FOR TODAY ONLY Large Cotton Flags With Gilt Spear-head. Each, 21c. Dozen, \$2.00.	31c FOR TODAY ONLY For Whiting's Box Paper Per Box, 31c.
5c FOR TODAY ONLY Paper Drinking Cups 10 in package, 2 pkgs., 5c.	42c FOR TODAY ONLY For Typewriter Paper Linen Size, 8 1/2 x 11. Per Box, 42c.	9c FOR TODAY ONLY For Ice Cream Sets 10 Plates, 10 Spoons, 10 Dollies and 10 Napkins.
15c FOR TODAY ONLY For English Lawn Cloth-Finish Paper Per Pound, 15c. Envelopes to Match, Pkg., 7 1/2c.	9c FOR TODAY ONLY For 100 Crepe Paper Napkins.	4c FOR TODAY ONLY FOR Wax Lunch Paper 24 Sheets in Roll, 4c.
3 1/2c Per Dozen. FOR TODAY ONLY FOR Paper Plates 8 inches.	85c FOR TODAY ONLY FOR Japanese Lanterns Large size. Per Dozen, 85c. Per 100, \$6.00.	10c FOR TODAY ONLY FOR Paper Ice Blankets.

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